

# The HR Sponge

Ben Eubanks

# About me

## The day gig



## The night gig



## The volunteer gig



## The new unpaid gig



Why am I here?



What I do

- Passion → Action
- Action → Learning
- Learning → Fun

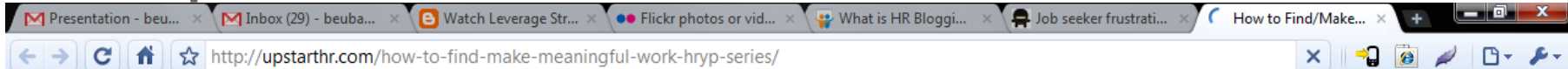
Passion → Action



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## 4 How to Find/Make Meaningful Work (HRYP Series)

Posted August 10th, 2010 in [General](#) and tagged [Allen Robinson](#), [China Gorman](#), [Dave Ryan](#), [entry level hr](#), [HRYP](#), [Lisa Rosendahl](#), [Passion](#), [Rusty Brand](#), [Stephanie Walsh](#) by Ben



I've talked before about [meaningful and purposeful work](#). We all want to know that our work is more than just another hour wasted like a rat in a wheel. But how can we find (or make) meaningful work for ourselves?

9 tweets  
retweet

*(Note: this is a post in the HRYP ([HR Young Professional](#)) series. If you know a young HR pro, please pass this along to them. I'd appreciate it, and so will they!) 😊*

### My Thoughts

I think one of the biggest things that can set you apart as a professional is to have some enthusiasm and passion for what you do. You can know all the legal stuff, be able to coach a manager, and document an investigation

### First time here?



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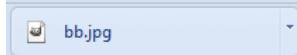
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# HRevolution



# HRYP



## Information

Category:

Organizations - Non-Profit  
Organizations

Description:

SHRM's HR Young Professionals group helps create a foundation for SHRM's professional members aged 30 and under by providing resources and educational opportunities relevant to the young HR professional today and building community for the next generation of HR leadership through social media and networking activities.

Privacy Type:

Open: All content is public.

## Admins

- Pete
- Angelina
- Chantal
- *Chuck (creator)*

## SHRM HR Young Professionals

Wall

Info

Discussions

Photos

Video

Events



**Danielle Sikorski** Any updates on the Chicago SHRM group?

Monday at 12:28am · Comment · Like · Flag



**TalentAssist Instigate** Looking for a Sales position in MN, Look No Further... Flexpak- White Bear Lake, MN:

<http://www.simplyhired.com/job-id/lbhj62ormg/sales-engineer-jobs/>

August 19 at 10:10am · Comment · Like · Flag



**Chuck Salvetti** Ever wonder "Do we need to worry about an employee complaining about being harassed via e-mail or cell phone?" Want to know the answer? Visit SHRM's HR Q&A section online at

<http://www.shrm.org/TemplatesTools/hrqa/Pages/emailphoneharassment.aspx>.

August 16 at 9:24am · Comment · Like · Flag



**Chantal Rotondo** Hey YPs- SHRM's Member Get a Member program ends Friday. Refer a friend and get \$25 to Amazon.com and chance to win \$500! [www.shrm.org/getamember](http://www.shrm.org/getamember)

August 11 at 12:13pm · Comment · Like · Flag



**Tracy Liaw** Get Top 5 Wage & Hour Compliance Tips from SHRM! Visit <http://www.shrm.org/FreeContent> to download our insightful article.

August 3 at 2:14pm · Comment · Like · Flag



**Lindsay Edelson** Any upcoming events in the NYC, North Jersey area?



# NASHRM/RocketHR



HOME

ABOUT ROCKETHR

GUEST POSTS

29 July 2010 ~ 4 COMMENTS 

## How to become the “go to” person

At Work [Uncategorized](#)

*The other day I got my wife to watch an old movie with me called “City Slickers.” It’s about a group of businessmen who do a short stint as cowboys driving a herd of cattle in the Midwest. The trail boss (aka the guy running the show when they’re not on the ranch) describes the meaning of life as “just one thing.” That’s what inspired this post today.*

I’ve been writing a series over on my other blog about [young HR professionals](#), [SHRM](#), and [how to get more credibility](#). If there’s one thing I’ve learned in my short career, it’s that you need to be good at a lot of things, but you need to be *really great* at doing at least one thing.

Check out the short (2:21) video below for some of my thoughts on how to become

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# SHRM10

<http://upstarthr.com/shrm10/>

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## The journey

This little adventure all started back in January 2010. I wrote a post talking about how the national SHRM conference was too expensive and that other events could supplant its power in the HR space. Then I got a challenge from Eric Winegardner of Monster. The gist of it? **Put up or shut up.**



So after some thought, I agreed to come to the event to see what it's like and to tell others about my experiences. That's what this is all about. There's a little more, but I tend to ramble, so we'll move along.

## Follow me during the SHRM 2010 conference

If you want to see what's going on, [just click here to follow my updates](#). I plan on turning this project into a free eBook somewhere down the line, so if you want to stay current on the news feed and find out when it's coming, just [click here to get free email updates](#).

## My butt-kicking partners

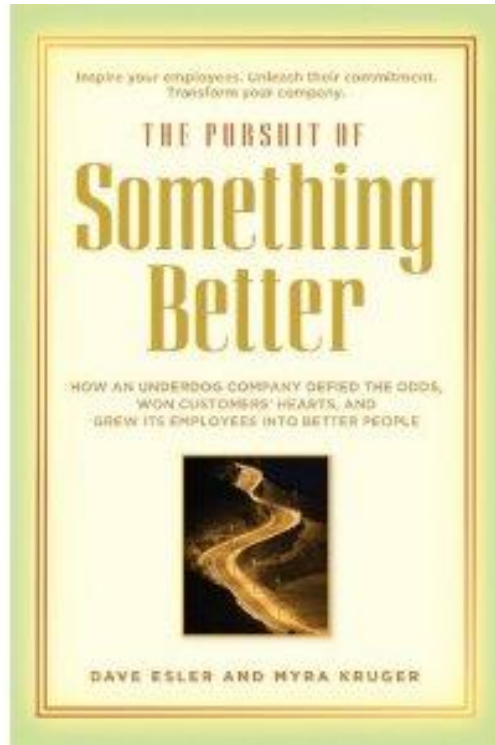
Your turn

What's your passion? How can you leverage that into actions that help others?

Action → Learning



Read something... anything...



# Pro · fes · sion · al development



Learning-not a bad word



# Your Turn

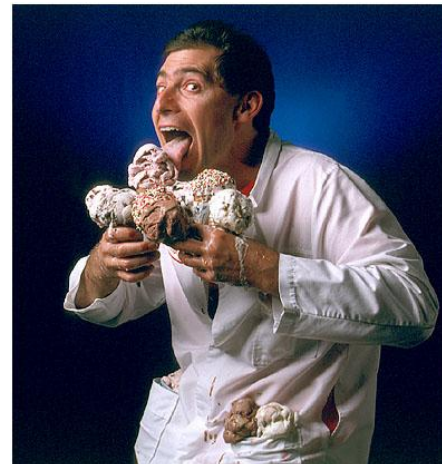
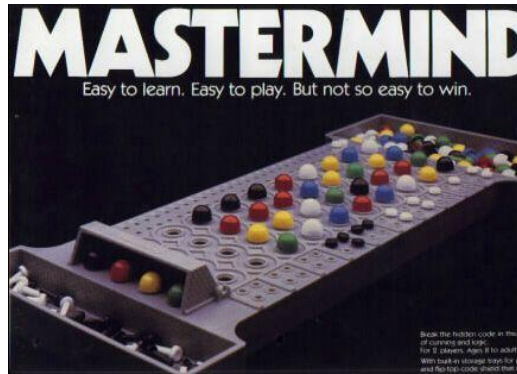
What can you do to turn your actions  
into learning opportunities?



Learning → Fun



# Make connections



Get smarter



**You are the  
average of your 5  
closest friends.  
Jim Rohn**

Be better looking



Your turn

How can you put these ideas to work for you by being intentional about your career and personal success?

# Resources

- **Free eBooks to start:**
- [upstarthr.com/amazing](http://upstarthr.com/amazing)
- [upstarthr.com/hr101](http://upstarthr.com/hr101)
- [upstarthr.com/hrninja](http://upstarthr.com/hrninja)
- **Blogs I recommend:**
- [hrringleader.com](http://hrringleader.com)
- [rehaul.com](http://rehaul.com)
- [lisarosendahl.com](http://lisarosendahl.com)
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